

17 August 2006

9:30am-4:00pm

**Only 15 places available!**

# Reinvent Your Career Workshop Series

*A workshop for people who want more out of life and their careers,  
for those who crave for something different, something new,  
a departure from your old self to a more exciting you.*

## A 3 in 1 Workshop!

The day is divided into 3 parts:

Discovering the Career You Truly Want  
Recreating Your Career  
& Moving Towards Your Dream Career

Discover if you're in the right job . Realize your transferable skills and the kind of work you truly desire. Acquire techniques to re-engineer your career and come up with specific tasks in order to nail that dream job!

Benefits of attending the workshop:

- Discover a career that makes you happy
- Find that elusive fulfillment in your work
- Become empowered and take control of your career path
- Avail of discounted coaching services

**Facilitated by:  
Dr Joy Barredo**

Has been providing training to private and voluntary organisations in Southeast Asia and Europe on Personal and Executive Development, Diversity and Educational Management for over 10 years. Clients include high profile members of politics, transnational corporations and the entertainment industry. She currently works for Norwich Mind as Diversity Coordinator and Project Manager of the Voices Project.

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**Norwich Mind**  
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Norwich  
NR7 9TP

### Your investment

Only **£65!** Voluntary organisations pay **£60.**

And that includes a really nice lunch.



Professional life coaching, training and mentoring services

**INVEST IN YOURSELF TODAY!**